

# Gambling Questionnaire

- Do you feel the need to cut down on your gambling?
- Do you feel annoyed by criticisms of your gambling?
- Do you feel guilty about your gambling?
- Do you borrow money to gamble?
- Do you gamble more than you intend to?
- Do you often gamble until all your money is gone?
- Do you lie about your gambling?
- Do you hide evidence of your gambling?
- Do you lose time from work or school as a result of your gambling?
- Do you gamble while under the influence of alcohol or other drugs?
- Do you gamble to pay debt or solve financial difficulties?
- Do you feel anxious, hopeless, depressed or suicidal about your gambling?

If you answer “Yes” to any of these questions, you may have a problem with gambling. For more information and referral to free support services, call:

**BC Problem Gambling Help Line 1.888.795.6111** (24 hrs)